



Week of Guided Prayer and Spiritual Exploration

**Feb. 25 to March 3
2018**

Enrich your spiritual life with the help of an experienced guide from the Guelph Ecumenical Guild of Ignatian Spiritual Direction. The Week of Guided Prayer is an opportunity for people to learn more about prayer and explore their spirituality, as well as to develop, deepen and explore a relationship with God. Listening, reflection and awareness are at the heart of the Week.

- Opening on Sunday afternoon, Feb. 25
- Celebration and closing event on Saturday morning, March 3
- Throughout the week:
 - Daily prayer, reflection or meditation
 - Daily meetings with your guide

Registration information at your church office or www.guidedprayer.webs.com The cost to participate is \$35. Please register by **Feb. 19** so we can match you with your guide.