

# **Week of Guided Prayer and Spiritual Exploration** **February 26 to March 4, 2023**

## ***Creating Space for Sacred Times and Places***



***Presented by the Guelph Ecumenical  
Guild of Ignatian Spiritual Direction***

**Enrich your spiritual life.**

The Week of Guided Prayer is an opportunity to learn more about prayer, explore your spirituality, and develop and deepen a relationship with God.

Listening, reflection and awareness are at the heart of the Week.

Information and registration at [www.guidedprayer.webs.com](http://www.guidedprayer.webs.com)

**Register by Feb. 20, 2023**